

THE LUXURY PREGNANCY &

PARENTING MAGAZINE

babby

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WIN
A LUXURY
FAMILY STAY
WORTH OVER £750

Serena Williams

Why motherhood is a game changer

PARENTING RESOLUTIONS
for a happy and healthy
2019

WORK IT!
QUICK AND EASY EXERCISES
for pregnancy
and beyond

HEALTHY START
WEANING RECIPES
packed with nutrients

And relax...
THE BEST NEW YEAR
FAMILY BREAKS

WE REVIEW THE
iCandy Peach

GO-GO-GADGET
Clever buys for
a stress-free life

Fertility expert
Zita West
Specialist advice
on supplements

THIS YEAR BE SURE TO...

Dream BIG

- BEAUTY SECRETS TO GIVE YOU THE GLOW FACTOR
- ALL THE GEAR FOR YOUR MATERNITY WARDROBE
- UPDATE BABY'S BOOKSHELF WITH OUR TOP READS



£4.20

WIN**A MONTH'S SUPPLY OF AQUA WIPES**

Aqua Wipes are designed to be kind to the environment and your skin. Fully biodegradable, they contain 99.6 per cent purified water, with an organic Aloe Vera extract formulation – and no plastic-based materials. Used by the NHS and registered with the Vegan Society, they've been created with environment and newborn skin in mind. We have five prizes to give away! To enter, visit baby-magazine.co.uk/competitions

health & beauty NEWS

THE LATEST PRODUCTS AND INNOVATIONS
IN THE WORLD OF WELLBEING

**MAMA MAIL**

The New Mama Box from Bump to Box is a thoughtful gift for a friend who has just welcomed a baby. Inside, you'll find an array of pampering items, from a nip and lip soothing balm and skincare cleanser, to a Calf & Co luxury eye mask and Mustela bust-firming serum. There are even vouchers for a baby massage and Xtend Barre class. £69, bumpinbox.com

**SUGAR RUSH**

Bathtimes are about to get a lot sweeter with Child Farm's new two-in-one shampoo and conditioner, which has been fragranced with organic rhubarb extract and vanilla custard. Packed full of natural ingredients, this delicious-smelling hair product cleans and detangles hair in no time and leaves skin feeling soft, too. Find it online or in any Tesco store nationwide. £4, childsfarm.com



Children have three times as many tastebuds as grownups, making strong flavours unpleasant. So Zendium has developed a mild fruity toothpaste for kids, that won't irritate mouths. The gentle formula also has the recommended level of fluoride.

£5.49, zendium.co.uk

SKINCARE BRAND **BIODERMA** HAS LAUNCHED A **NEW RANGE OF PRODUCTS** TO HELP **NOURISH AND PROTECT BABIES' DELICATE SKIN**. THE **ABCDERM RANGE** COMPRISES A **MOISTURISING COLD CREAM**, A **RELAXING BATH AND BODY OIL**, AND THE **WORLD'S FIRST CHILD-FRIENDLY MICELLAR WATER**, WHICH LEAVES SKIN FEELING SOFT AND SUPPLE. BIODERMA-UK.COM